



**October IS
National
Farm To
School
Month**



October is National Farm to School Month,

a time to celebrate the connections happening all over the country between children and local food! Everyone

can get involved



with farm to school! Try a new local food with a taste test, plan a field trip to a farm, serve a local food item for lunch or as a snack, plant seeds or harvest from a garden,



or read a farm or food-related book!

How will you show your support for farm to school this October?

Find more activity ideas, resources, and materials for celebrating at

farmtoschool.org

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